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Council News

November 2017

Dear Readers

You will notice that the Gassy Gossip will be published later than normal. It was considered prudent to wait until after the Council Meetings were undertaken so that we could capture any statutory advertising. In some cases the Council are required to give 'Local Public Notice', although the 'Gassy Gossip' does not meet this requirement from a statutory position, it does meet our Community Consultation objectives.

Council elections are now done and dusted. We had both Alys McKeough and Hamish McTaggart re-elected. Blanche Walker was elected as a new member of Council. Councillor Don Hammarquist was elected to the position as the Shire President and Councillor Jimmy Caunt was elected to the Deputy Shire President position. My staff and I are looking forward to working with Council.

On a personal note, I can inform that Council have decided to renew my contract of employment for a further five years once my current contract expires in 2018. I am very grateful in the confidence that Council has shown in me, and I look forward to the challenges that lay ahead.

Lance and Nat have been bashing away at landscaping and fencing the new houses. All fences are now complete, and the lads will now focus on completing the driveways and remaining paving. We will then install reticulation and water wise lawns and gardens.

A full inspection of the towns reticulation was carried out to ensure everything is in place before summer. We will also reinstate the fertiliser programme for the town oval and gardens. The main reticulation pump will be changed out, and the old one sent away for a rebuild as a spare.

We have reached common ground regarding the proposed fencing around residential blocks on the north side of the river. Jimba Jimba, Waters and Rivers and the Shire have agreed to fence on the cadastral boundaries around the blocks and back to the bridge. This will eliminate the need for a second grid installation and keep the cattle off the bridge. The Department of Regional Development have agreed to release unspent bridge funds to pay for the new fence and grid.



North River fencing plan



Construction Crew:

Hatch Street- the new seal is down and signs back up. There has been a hold up with the kerbing due to Junction Contracting's batching plant being unavailable. Jarrod is working with Midwest Kerbing to plan in another time frame. Once kerbing is complete we will finish off driveway entrances and backfill.

Thomas completed 45km of verge clearing for the Shire of Carnarvon. The entire length of the Carnarvon Mullewa road now has verges cleared, which has greatly improved driver safety. We will clear our verges again next year once summer is over.

C3332 Mooloo job- re-sheeting has begun on the Cobra Dairy Creek road near the Mooloo Downs entrance. So far the crew has improved two floodway approaches and re-sheeted approximately 2km. They have also reshaped 1.2km of rough sections. There is a total of 10.8km of re-sheeting and 4km of reform/reshaping to do.

Jim Caunt has opened up a new pit opposite the Mooloo Downs turnoff, and pushed up sufficient gravel between two pits to get us through to the end of the year. The job is expected to carry over into 2018 and be completed before the end of February.

Once we have completed the work on Cobra Dairy Creek road we will combine resources with Lacy Contracting to tackle the damage on Bingegaroo road. We will then mobilise over to the Landor Meekatharra road, and combine with Quadrio, to improve the Beedary Creek floodway.

Spot Devices- we are implementing the use of Spot Devices rather than using satellite phones for the crew members to do daily call in checks. These are the same devices the doggers are using. We will be able to track our operator's location at any time in case of emergency or lack of contact.

Grids- Jarrod has sourced new quotes for 9m grids. Unfortunately the contractor we were sourcing them from was unreliable in delivery and lead time. I have since purchased two more grids from GNC Concrete supplies in Geraldton.

Carnarvon Mullewa Reseals- have been completed by Boral. This leaves some small sections on the Carnarvon Mullewa Road and the town streets to do next year.



Carnarvon/Mullewa reseals



The Mardathuna Road dedication issue, has been resolved and signage for the Kennedy Range Loop road have been reinstalled. 4WD ONLY sign has also been erected.



Kennedy Loop sign installation

Since the last edition, we held Lachlan McTaggart's (Locky's) farewell function. This was very well attended by the community, and many of Locky's current and former colleagues. Don did a great job as the MC and it was good to see Bruce Walker, David Robinson (Waddy) and Ross Collins in attendance. I must admit Locky did leave me with one last yarn about a CEO, a horse and Christmas, I still find this highly amusing.

On the 5th of December I will be attending the Carnarvon Rangelands Biosecurity Associations Annual General Meeting – I will take Lance Root with me, in order for him to gain exposure to the biosecurity sector.

On the 23rd and 24th of November 2017, I attended the Regional Road Group and WALGA meeting in Shark Bay. Don Hammarquist (Shire President), Locky, and Jarrod Walker, also attended this meeting. Locky was presented with a gift from the Regional Road Group as he was the only person to serve on the RRG since its inception.



Regional Road Group Members

I would like to advise that we are chasing photographs of station homesteads, so we can have these framed and displayed on the passage walls of the administration building.

I have been concerned for some time about the water usage of some of our properties. I had John Darcy from the Water Corporation in town, and John has installed water loggers on water meters in order to ascertain where and when this water is being used. We are also going to identify the usage of the reticulation systems, and determine the amount of water being applied to our lawns. I believe that we are using way too much water, and it may be the soil conditions that need improvement.

I have spent a significant amount of time preparing the Annual Report and other compliance related items, such as Annual Financial Report, Grants Commission Report, DRD reports and the like.

As always, I am available at any time either at the office or at home, and I can be contacted on the office phone – 99430988 or on my mobile – 0417107446.

Regards

John McCleary JP CHIEF EXECUTIVE OFFICER

Gascoyne Regional Road Group Members.



Shire of Upper Gascoyne Boys.

Bernie Miller and Lachlan McTaggart -Certificate of Recognition Awarded.



Lachlan's Gift

Lachlan McTaggart was the longest serving Councillor on the Gascoyne Regional Road Group.



NOTICE OF ANNUAL ELECTORS MEETING

Pursuant to Section 5.27 of the Local Government Act 1995, notice is given of the Intention of the Shire of Upper Gascoyne to hold an Annual General Meeting of Electors.

A copy of Audited Financial Statement of Audit Report for the 2016/17 financial year may be obtained from the shire office during office hours.

The proposed meeting is to be held in the Council Chambers, 4 Scott Street, Gascoyne Junction at 8.30 am Friday 15th December 2017.

John McCleary JP Chief Executive Officer



COUNCIL MEETING DATES 2018

Wednesday 21st February 2018

Wednesday 28th March 2018

Thursday 26th April 2018

Wednesday 30th May 2018

Wednesday 27th June 2018

Wednesday 25th July 2018

Wednesday 29th August 2018

Wednesday 19th September 2018

Wednesday 31st October 2018

Wednesday 28th November 2018

Friday 14th December 2018

All Audit Committee meetings commence at 8.00am. Council meetings commence at 8.30am. All meeting will be held at the Shire Council Chamber, 4 Scott Street, Gascoyne Junction.

DISCO IN THE DESERT

IN CELEBRATION OF DISABILITY AWARENESS WEEK 2017

Where: The Pavilion, Gascoyne Junction

When: Friday December 8th

Time: 6.30-9.30pm

Music: DJ John

Food and drinks will be provided.

Come and let your hair down at this fabulous free event. Dance the night away in a real Disco atmosphere with flasing lights and floating bubbles.

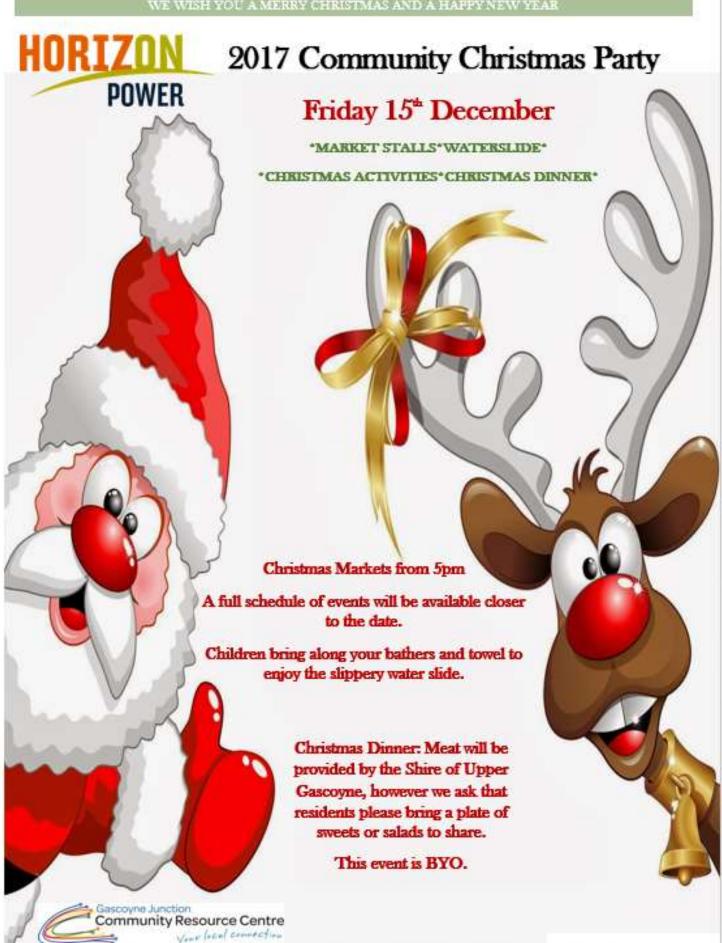
THE SHIRE OF UPPER GASCOYNE COMMUNITY RESOURCE CENTRE, IN CONJUNCTION WITH THE W.A. DEPARTMENT OF COMMUNITIES, BRINGS TO YOU A FREE COMMUNITY EVENT, IN RECOGNITION OF PEOPLE WITH

DISABILITIES.

CONTACT KIM: 99430988 R.S.V.P: DECEMBER 1st 2017 (FOR CATERING PURPOSES)







For more information please phone Robyn or Kim on 99430988 or email creso@uppergascoyne.wa.gov.au





Gascoyne Junction Christmas RAFFLE

Our Community Christmas Party is fast approaching and we will be holding our annual raffle.

If you would like to contribute non perishable items something

(big or small) to the hamper the donation/s can be dropped off at the CRC before the 15 December 2017.

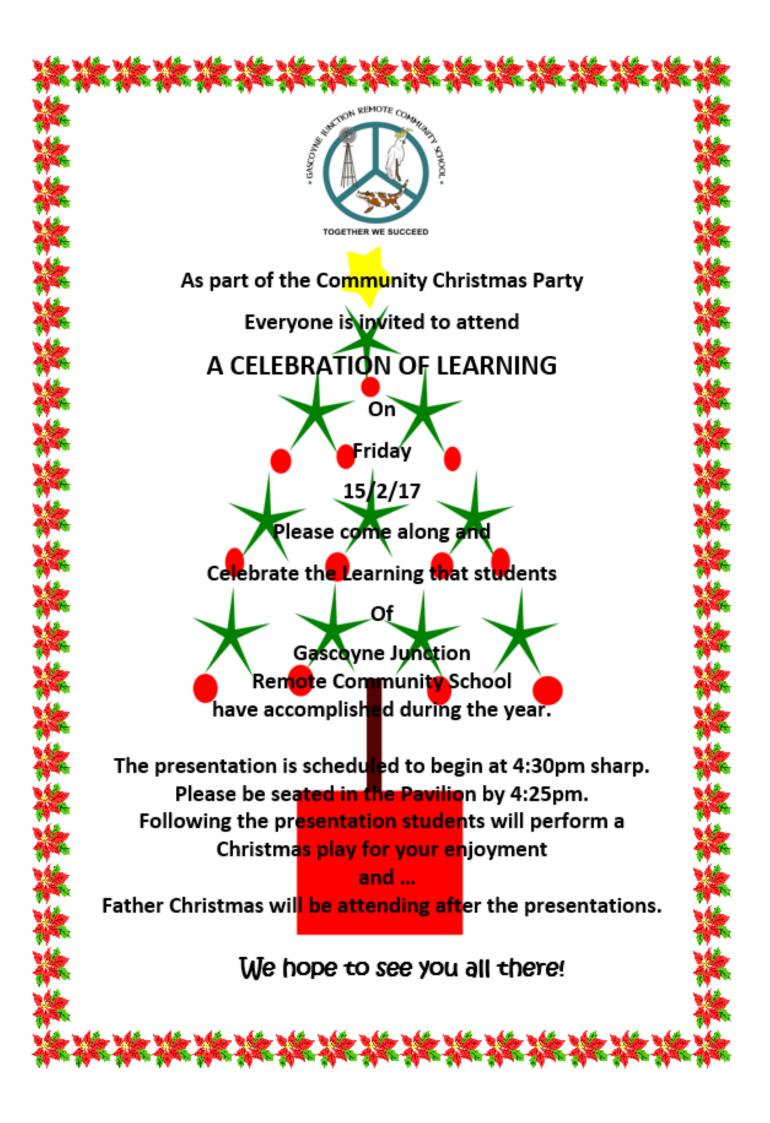
Every donation will receive a FREE raffle ticket into the draw.

Raffle tickets will also be available on the night for \$3.00 each.

We will also be doing up a Christmas hamper for people/ families who may need a little helping hand this Christmas.

Please call Margaret to register on 99430988





Pic's from Movies in the Park Night!

The Secret Life of Pets





Friday 17th November was Movies in the Park night, with the weather being unpredictable lately. The movies were set up indoors, for the local children and their friends coming out to enjoy the evening with popcorn and a sausage sizzle.



A great night was had by all!



PINK STUMPS DAY 2017

On the 14th October the Gascoyne Junction Remote Community School hosted a Pink Stumps Day for the McGrath Foundation. There was a great turnout of town and station folk who came along to try out their cricketing skills. Two teams 'Town Di' and 'Bidgemia' captained by Dianne Kempton and Peter Marsh took to the oval for a pre game warm up of 'Top of

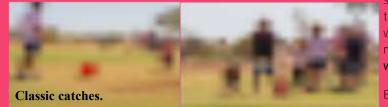
the Line' to test their catching skills which was won by Luke.

The game started with Team Bidgemia batting and first off the rank was Heath and Jarrod. Heath was out after two runs and Jarrod continued on to do 17. Jessie was third batter and made the most runs for Bidgemia doing 22. It was all low scoring after that especially for Hamish, Johnno and Emely scoring 0. There were some great catches taken from Town Di before they swapped



Peter serving up for 'top of the line'

over to bat. Jox and Peter Dalgety started the batting off with Jox making 11 runs and Peter 24. Some magnificent hits were taken



some going over the fence into local residents yards, luckily they had some young runners to collect the ball! Josh Abbot was the highest scorer for Town Di scoring 28 runs, he also got most runs scored for the day. After the match finished there was a game of 'classic catches' which was won by Jox Collins.

Both teams played with outstanding skills with Team Bidgemia scoring 88 runs but were no match for Town Di scoring 156

runs.

2016 The Station mob skippered by Ross Collins won the match scoring 72 to Gascoyne Junction All-stars 61 skippered by Dianne Kempton.

2017 Town Di skippered by Dianne Kempton.

After the game we were lucky enough to have 'Squid' playing live music he was a great entertainer and full of energy he even put some music on after playing and let the locals (young and old) do some Karaoke.

Whilst the cricket game was being played some of the School employees were busy in the kitchen serving up hamburgers, hot dogs and pizzas to the hungry crowd. We would like to thank all the volunteers on the day for their help without volunteers events like these would not happen. Also would like to thank Jennifer for donating her time to run the merchandise tent and Genevieve Robinson for taking photos on the day they did a fabulous job.

GASCOYNE JUNCTION REMOTE COMMUNITY SCHOOL

AND THE GLEN MCGRATH FOUNDATION

THANKS YOU FOR YOUR GENEROUS DONATIONS TOWARD THIS EVENT

SHIRE OF UPPER GASCOYNE

JUNCTION TAVERN AND TOURIST PARK

VOOLWORTHS CARNARVON

CARNARVON I GA

BARRY EVANS STORE CARNARVON

CARNARVON MOTO GROUP

TOYWORLD CARNARVON

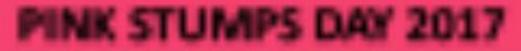
PHARMACY 777

WATER CORPORATION

KINGSFORD BAKERY

Thanks everyone for your support for our Pink Stumps Day to help us raise money for the McGrath Foundation. Together, we raised \$1262.40. We look forward to next year's return match.

Here are our best pink pics of the day.

























PINK STUMPS DAY 2017





An underlying philosophy at Burringurrah RCS is to; "bring the world to Burringurrah and Burringurrah to the world. This has resulted in the school funding numerous groups to deliver relevant educational programs to students. In keeping with this philosophy there have been two school camps this year where students participate in educational activities which suburban students might take for granted.

On 15th October a groups of Burringurrah students, teachers (Sue Melville, Meagan Carlin, and Sarah Langridge), Indigenous education workers (Priscilla Morrison and Anthony Walters), and the Principal departed for Canberra for a school camp that was wholly funded by the school.

The main purpose of the camp was to provide students with the experience of visiting our nations capital and broadening their understanding of the Federal Government and other national organizations.

Principal Burringurrah RCS Dr Iain Browning



Photo's from Our Melbourne Cup Luncheon

On Tuesday 7th November the Annual Melbourne Cup Luncheon was held in the Council Chambers. The Event was well attended, with plenty of excitement during the running of the race.

Wendy Bartlett took out the best ladies hat and Amanda Leighton the ladies best dressed. For the men, Ken Kempton won best hat with Cocky Prerad best dressed male. Ken Kempton won the lucky door prize, with the sweep prizes being won by a number of community members.



Left to Right: Amanda Leighton, Alys McKeough, Wendy Bartlett and Betty Fletcher.



Mrs Genevieve Robinson from Doorawarrah Station with her beautiful grand daughter Ellanore Patricia all pretty in pink.



Courtney Robinson, Genevieve Robinson with her Granddaughter Ellanore, and Ilda Williams sharing a few stories and having a laugh.

- Shire Staff Housing -

Inside view of the New Houses on Hatch & Gregory Street Gascoyne Junction.





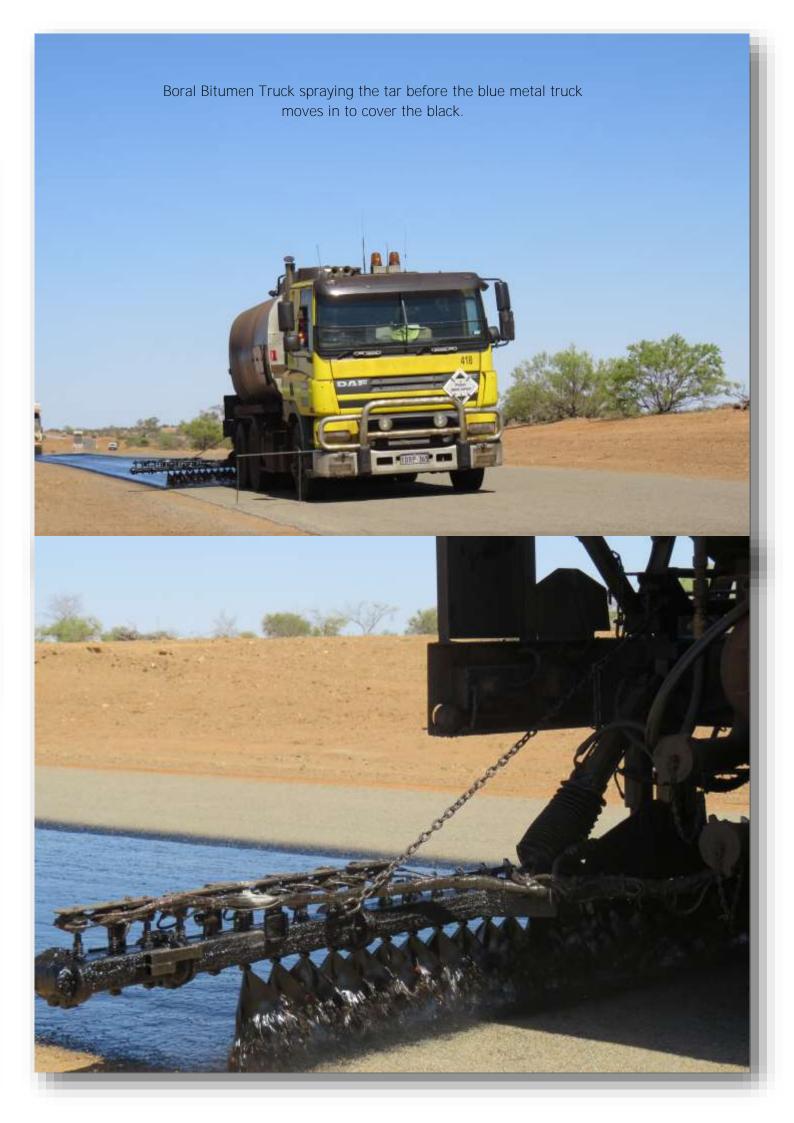


Photo's of the Carnarvon Mullewa Road reseal taken from

Deep Creek

towards Gascoyne Junction.









Media Release

Vincent Catania MLA Member for North West Central

Media Release

November 10, 2017

Catania congratulates an outstanding local grower representative in Michael Nixon

Nationals WA Member for North West Central Vince Catania has congratulated local Gascoyne banana grower Michael Nixon on his nomination in the Community and People Category of the Syngenta Growth Awards.

Mr Nixon and his wife Katrina moved from their broadacre farming background to intensive banana production after they purchased one of the largest horticultural blocks in Carnarvon on North River Road in 2007. Onions and basil have also been added to the list of quality produce that they now supply.

Mr Catania said "Michael's nomination for this Syngenta Growth Award is well deserved recognition of the role that he has played in the development of Carnarvon as a part of the Gascoyne Food Bowl, as a significant grower in the region and as a Board member of the Carnarvon Growers Association."

"I have known Michael since he first moved to Carnarvon and have seen firsthand his involvement in the positive direction that the local banana industry and the region has taken through his contribution, " Mr Catania said.

Mr Nixon was a Board member of the Carnarvon Growers Association for 6 years, along with being on the Board of the Gascoyne Food Council, a member of the Fruit Fly Committee and now is also currently an AusVeg Board member.

Mr Catania said "Michael has been instrumental as part of the local Fruit Fly Committee in setting up the Fruit Fly Free status for Carnarvon, and as a Board member of the Sweeter Banana Co-op, Michael has helped deliver one of the iconic regional marketing tools that Carnarvon is now renowned for."

"Obviously his wife Katrina also needs to be given a generous amount of recognition as part of Michael's nomination, as they both present a formidable team that have done an enormous amount of work on behalf of the local fruit and vegetable industries and for the community as a whole."

"Michael will make an outstanding winner in the Community and People category of the awards. This is what he does daily, making sure that his local community and its people continue to benefit from better practices, greater market access and ensuring that the Gascoyne region is recognised domestically and internationally for the quality produce that it supplies," Mr Catania said.

For media enquiries please contact Vince Catania on 9941 2999 or email

northwest@mp.wa.gov.au

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INATIONALS for Regional WA

Media Release

Vincent Catania MLA Member for North West Central

22 November 2017

Campaign promoting road safety launched

Member for North West Central, Vince Catania is backing the 2017 WALGA Road Wise Road Ribbon for Road Safety campaign, which launched on Sunday and runs until 5 January 2018.

The campaign is committed to improving road safety by increasing community awareness about the role everyone has to play when using roads in Western Australia.

Vince said more than 4100 people were killed or seriously injured on regional roads from 2012 – 2016, a rate of 127.5 incidents per 100,000 people.

"North West Central is not immune from the devastating impact of road accidents," Vince said. "Time and time again we hear the same behaviours leading to crashes – seat belts not being worn, speed, drink driving and fatigue."

"If everyone does their bit by following road rules, driving to conditions, buckling up, staying alert and being respectful of other road users, we can all get home safely to our families."

Last year the Road Ribbon for Road Safety campaign involved more than 300 organisations across the state and reached an estimated audience of 1 million people.

The Nationals WA Road Safety spokesman and Member for the Agricultural Region Martin Aldridge said the community-based campaign provided a chance for everyone to get involved with road safety.

"The aim is to get the community involved so we can cohesively work together to reduce road fatalities and injuries," he said.

"We are especially conscious of the disproportionately high road toll recorded in regional WA and encourage those traveling in the regions over the holiday period to be safe road users.

"Nobody family wants an empty seat at the table this Christmas, so slow down, enjoy the ride and be mindful of other road users this holiday season."

The Nationals WA will be wearing their road ribbons in Parliament over the next three weeks to demonstrate their support for the campaign, joining more than 21,000 other West Australians who have ordered the ribbons so far.

A full list of community events occurring during the 2017 WALGA RoadWise Road Ribbon for Road Safety campaign can be found by clicking on the Distribution locations tab at <u>http://www.roadwise.asn.au/road-ribbon-for-road-safety.aspx</u>

For media enquiries please contact Vince Catania on (08) 99412 999 or email <u>northwest@mp.wa.gov.au</u>

Northwest@mp.wa.gov.au www.vincentcatania.com.au facebook@VinceCataniaMP 20 Robinson Street Carnarvon WA 6701Tel9941 2999PO Box 1000 Carnarvon WA 6701Fax9941 2000Twitter @Vincent CataniaFax9941 2000



INATIONALS for Regional WA

Media release



Minister for Environment and Heritage Protection

and Minister for National Parks and the Great

Barrier Reef

The Honourable Steven Miles

Wednesday, October 25, 2017

Carbon farming could be worth \$8 billion to Queensland by 2030

Queensland's emerging carbon farming industry could generate billions of dollars for our economy by 2030, according to a new report released today.

The report *Unlocking value for the Queensland economy with land and agriculture offsets* identifies the estimated value of carbon farming in Queensland under current settings is \$4.7 billion.

But with the right policy settings, the sector could be worth up to \$8 billion in 13 years.

Environment Minister Steven Miles said more Queenslanders could get a slice of the carbon market economy.

"This report shows the Queensland economy could be a big winner under a stronger national framework for carbon farming, with the potential to generate up to \$8 billion by 2030," Mr Miles said. "This confirms there is a big opportunity for the carbon market in Queensland and this government wants to lead the way. "In some cases, carbon farming can be an alternative to land clearing and a new source of revenue for land owners to boost family incomes."

Mr Miles said a new methodology was being developed that would place a value on the social and cultural benefits indigenous communities derive from participating in carbon farming projects.

"These are benefits that flow from Traditional Owners being able to take independent ownership of sustainable economic development on their country.

"The Palaszczuk Government is committed to expanding carbon farming in Queensland. "It is a commitment in our Climate Transition Strategy to stimulate demand for offsets and it will play a key role in reducing Queensland's carbon emissions.

"And Queensland is perfectly positioned to be a leader in emerging domestic and international carbon markers, with our vast land mass and natural assets.

"We are unlocking the potential for more Queenslanders to diversity their income through carbon farming. "We have already invested \$8.4 million in the Carbon Plus Fund to develop the carbon farming market, with \$5 million to purchase government offsets.

"Carbon farming involves generating carbon offsets or credits through practices such as vegetation, land, animal, and fire management such as savanna burning.

The next step is the development of an industry roadmap, which will create a path forwards for Queensland, and for Australia more broadly to grow this emerging industry. To view the report visit: <u>https://www.qld.gov.au/environment/climate/carbon-farming</u> (https://linkprotect.cudasvc.com)

ENDS

Media contact: Katharine Wright 0422 580 342

Pastoral Lands Board Meeting Summary

On 2 November 2017 the Pastoral Lands Board (PLB) held a 'consultation workshop' at Mt Magnet. Board members present were Gaye McKenzie, conservation member, and Ashley Dowden, pastoral member. Karel Eringa from the Pastoral Business unit also attended and presented.

The main areas of interest discussed were rangeland carbon farming, tenure and native title. On these topics, and others, the presenters were at pains to point out that they had no direct say in resolving these issues, but the point is that they pass it on to the Government ministers who can. For those of us who want change, we need to ensure that the messages the PLB hears are repeated.

Carbon

Hopefully the PLB is beginning to realise that there is great potential for carbon farming in WA's rangelands. The impediments of lack of access to carbon rights and the lack of method remain in place but Government is currently developing policy on rights and DPIRD is collaborating with other organisations on carbon farming method development.

We did confirm that the management of livestock and native vegetation to sequester carbon is considered a pastoral purpose under the Land Administration Act. This type of carbon farming could be undertaken through a change of stocking rate or planned rotational grazing.

Note was made of the Queensland Government's action on carbon farming where they are planning a big expansion of the large carbon industry they have already established. QLD is aiming for an \$8 Billion industry by 2030, see attached media release. Our State Government is making encouraging noises on carbon, but they will need to be pushed if WA is not to continue to miss out.

Tenure

There were a lot of calls for improved tenure. Leases currently last for 18 to 50 years in WA. There were calls for 99 year leases or perpetual leases.

Tenure also feeds into carbon because of the requirement for permanency, being the time that carbon is stored for. This can be 25 years under the Federal Governments Emissions Reduction Fund or 100 years under the Kyoto Protocol.

Native title

The difficulties of native title negotiation were highlighted. The idea of Government providing support or mediation services for native title negotiation was raised and supported by many pastoralists.

Jason Hastie

Pingandy Station



Government of Western Australia North Metropolitan Health Service



Women 50 years or over, have a FREE breast screening mammogram every two years. Once is not enough.



The BreastScreen WA mobile service will be at:

Carnarvon Regional Hospital Francis Street

from 20 December 2017 - 23 January 2018

Dates are approximate and may be subject to change.

For an appointment book online or phone 13 20 50



PUBIAMEN 211

www.breastscreen.health.wa.gov.au





PROGRAM GUIDE MINI

November/December 2017

Released 13 November 2017

Cover to Cover	Meri is joined by Jan Nicholls, WA Branch President, Children's Book Council of Australia, and Jennifer Jackson, Director of Paper Bird Children's Books &
Premiere Episode –	Arts in Fremantle, to discuss their favourite children's books published in the past year. They discuss books for all age groups from picture-books to
Children's books of 2017	novels for older readers.
	Just in time for Christmas!
	Nov 22 & 25 – 8pm; Nov 23 - 12:30pm; Nov 24 - 4:30pm; Nov 26 - 2pm
Cover to Cover	
Premiere Episode –	Meri speaks with Miles Franklin Literary Award winner Josephine Wilson to discuss her novel 'Extinctions'. The novel follows Frederick Lothian, a retired Professor of concrete, as he slowly reaches a point of self-knowledge, recognising the cost of alienating oneself from life and loved ones. This is a
Josephine Wilson "Extinctions"	novel about all kinds of extinction and a powerful portrayal of the realities of family life.
	Dec 6 & 9 – 8pm; Dec 7 - 12:30pm; Dec 8 - 4:30pm; Dec 10 - 2pm
Cover to Cover Complete 2017 Series	Special Broadcast. All 12 Episodes from 2017. Great opportunity to view again or record to see later.
	Dec 13 & 14 – 10am & 4pm.
LIVE SIMULCAST	LIVE ON WESTLINK!
WASO	Join the Orchestra, WASO Chorus and special guest soloists for a fun-filled
"Symphony in the City"	evening that features exciting, beautiful and heart melting music from your favourite classical works and film music scores.
	As always, the concert will conclude with Tchaikovsky's famous 1812 Overture accompanied by a pyrotechnics display.
	Saturday 16 December 7.30pm
	34

COVER TO COVER

Meet West Australian authors as they discuss their latest books with host Meri Fatin.

This month we discuss our favourite children's books.

View via: Westlink TV; Westlink Community TV. See program guide for broadcast times. www.westlink.wa.gov.au Youtube: www.youtube.com/user/writingwa/videos ProximityWA: www.proximitywa.org/videos/





GET YOUR IN-HOME PLUMBING CHECKED FOR FREE

If you live in Gascoyne Junction you could be eligible to get your in-home plumbing checked by a licensed plumber. Based on their recommendation, you could then be eligible to receive free retrofits' of appliances such as shower heads, sink and basin taps, and toilets.

Register now for your free in-home plumbing check, search Free Retrofits.





"Terms and conditions apply

	We are currently in the process of updating the local phone book if you want to add or make any changes to your details please fill out the form
	below and return to the Shire Office or email to
-	adminmanager@uppergascoyne.wa.gov.au
	Name:
	Station Name:
I	Home Phone:
	Other Building's Phone:
	Satellite Phone:
	Fax:
	Mobile/s:
	Email:
l	UHF Channel:
	If you own a business and wish to advertise in the Phone Book, Please fill out the details below and return to the Shire Office.
	Business Name:
	Phone Number:
	Fax:
	Address:
-	Email:
	What you can offer:
	· · · · · · · · · · · · · · · · · · ·
	38

Gassified

November

- 4 Laney McK eough
- 14 Dustin Walker
- 21 Dot Hammarquist
- 21 Tairelle Ryan December
- 1 Damian Leighton
- 1 Donald Kelly
- 27 Levi Chong wee

Got a Birthday coming up? Contact the Gassy Gossip by email at crc@uppergascoyne.wa.gov.au Carnarvon Medical Service Aboriginal Corporation

Doctors Visit



Time: 10.00am-2.30pm

Date: Tuesday 12/12/2017

Gascoyne Junction Community Resource Centre

If you would like to see the Doctor, Please make an appointment by calling Robyn or Kim on 99430988.



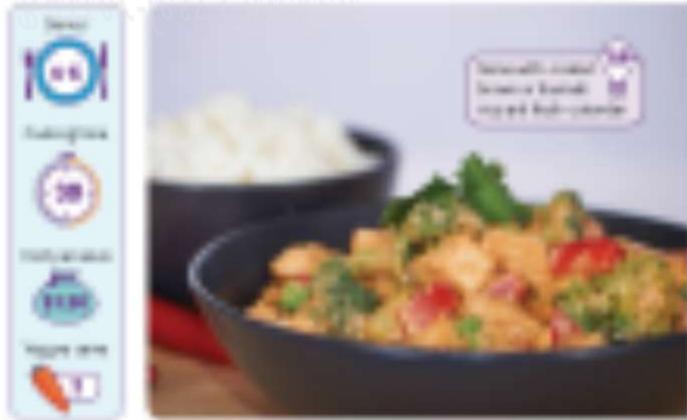


STOP the Violence

25 November to 10 December

#16DaysInWA

Food Sensations Butter-less Chicken





Ingredients

- 1 brown onion, Spray oil
- 2 garlic cloves, 1 broccoli,
- 1 red capsicum, 1 cup frozen peas
- 2 chicken breasts (500g)
- 2 teaspoons garam masala
- 2 teaspoons chicken stock powder
- 2 tablespoons tomato paste
- 1 tablespoon cornflour, $\frac{1}{2}$ cup water
- 375mL can light evaporated milk
- 1 cup reduced fat Greek yoghurt



Equipment

Knife Chopping boards Frypan Cup measures Spoon measures Can opener Large bowl Small bowl Spoon



How to Make it











 Finely dice onion and garlic.
 Chop whole broccoli and red capsicum into small pieces.
 Cut chicken into small pieces.

2. Spray frypan with oil and turn onto medium heat. Cook onion and garlic for 2 minutes.
Add chicken.
Cook, stirring, for 5 minutes.

 Add garam masala and stock powder, stir for 1 minute.
 Add tomato paste and ½ cup water and stir through.

4. In a small bowl mix cornflour with evaporated milk, add to pan, stirring continuously until boiling.
(If sauce becomes too thick add ½ cup water).

5. Add capsicum, broccoli and frozen peas, cook for 5 minutes.Turn frypan off, wait 5 minutes, then stir through yoghurt

Christmas Main Course

Roast Pork with Sage and Allspice Apple Sauce

Ingredients Serves: 8

- Pork
- 2.5–3 kg leg of pork
- 2-3 tablespoons olive oil
- 2 teaspoons salt
- 2 fresh rosemary sprigs, broken into small pieces
- For the Potatoes
- 8 medium potatoes, peeled and halved or quartered, depending on size, scored deeply all over with a fork
- 1 teaspoon salt
- 175 g lard
- Apple Sauce
- 3 small cooking apples, peeled, cored and sliced
- 1 tablespoon water
- 1/4 teaspoon ground allspice
- 2 teaspoons soft brown sugar
- 4 dessert apples
- 2 tablespoons lemon juice
- 90 g butter
- 2 tablespoons chopped fresh sage
- Gravy
- 2 tablespoons plain flour
- 2 cups chicken stock
- 1 tablespoon redcurrant jelly
- 2 tablespoons dry sherry
- Fresh sage sprigs, to garnish



Arrange the apple halves around the pork, garnish with the sprigs of sage and serve with the roast potatoes and gravy. Buttered cabbage or green peas make a good accompaniment for this dish.

- Preheat the oven to 200 degrees C. Weigh the pork and calculate the cooking time, allowing 25 minutes per 500 g plus 25 minutes. Wipe the meat with paper towels. Using a very sharp knife, make diagonal scores in the skin across or vertically down 5–10 mm apart and about 3 mm deep. Put the meat in a roasting pan and, to encourage the skin to 'crackle', rub it all over with the olive oil, then rub in the salt and scatter with rosemary.
- Roast the pork in the centre of the oven for 30 minutes to start the skin crisping, then reduce the oven temperature to 180°C. Cook, basting every 30 minutes with the fat from the bottom of the pan, until the meat is well done.
- About 1 hour before the pork is due to come out of the oven, put the potatoes into a large saucepan, cover with cold water, add the salt and bring to the boil. Drain well, return to the pan and shake over high heat for 1–2 minutes until they are dry.
- 4. Heat the lard in a roasting pan on the shelf above the pork until it sizzles. Add the potatoes, baste well and roast for 1 1/4 hours, until crisp and golden. When the pork is cooked, remove it from the oven and leave it to rest in a warm place. Increase the oven temperature to 220°C and let the potatoes finish cooking.
- About 30 minutes before the end of the pork's calculated cooking time, put the cooking apples into a small saucepan with the water, allspice and sugar. Cover and cook gently until soft and pulpy.
- 6. Remove from the heat and mash with a fork. Peel and core the dessert apples, cut in half horizontally and brush each half all over with the lemon juice. Melt the butter in a large frying pan, add the sage, then place the apple halves in the pan, cut sides up. Top each half with the apple sauce and baste well with the sage butter. Cover the pan and cook gently, basting occasionally, for 10 minutes, or until the apples are just softened. Remove from the heat and keep warm.
- 7. At the end of the calculated cooking time, pierce the pork with a skewer at the thickest part. The juices should run clear with no trace of pink. (If necessary, continue roasting until done.) Lift the cooked pork from the roasting pan onto a large, heated serving plate, cover loosely with foil and allow to stand while making the gravy.
- 8. Skim off all but 2 tablespoons of the fat from the roasting pan, then stir the flour into the fat and juices remaining in the pan. Cook over medium heat until well browned but not burned. Gradually add the chicken stock and bring to the boil, stirring continuously and scraping any browned residue off the bottom of the pan. Strain the gravy through a fine sieve into a saucepan, then blend in the red currant jelly and dry sherry, simmer for 5 minutes and season to taste.

Christmas Dessert



CHOCOLATE MOUSSE POTS WITH WHISKY CREAM

INGREDIENTS

- 1/3 cup (15g) good-quality instant coffee granules, dissolved in 1/4 cup (60ml) hot water
- 150g good-quality dark chocolate, roughly chopped, plus grated chocolate to serve
- 150g unsalted butter
- 4 eggs, separated
- 2 1/2 tablespoons Irish whiskey
- 1/2 teaspoon vanilla extract
- 150g caster sugar, plus extra 1 tablespoon

METHOD

Place coffee, chocolate and butter in a heatproof bowl set over a pan of gently simmering water (don't let the bowl touch the water), stirring until the chocolate and butter have melted. Remove bowl from heat and set aside.

Place yolks, whiskey, vanilla, 150g sugar and 1 tablespoon cold water in a **separate heatproof bowl set over the simmering water (don't let the bowl** touch the water) and whisk with electric beaters for 3 minutes or until thick and pale. Remove the bowl from the pan and sit in a larger bowl filled with **iced water (don't let any water get in the yolk mixture), then continue to whisk** for a further 2-3 minutes until the mixture thickens and cools slightly. Stir in the chocolate mixture until combined.

Whisk the eggwhites in a clean bowl with a pinch of salt until soft peaks form. Add the extra 1 tablespoon sugar and beat until stiff and glossy.

- Gently stir one-quarter of the eggwhite into the chocolate mixture to loosen, then fold in the remaining eggwhite until combined.
- Spoon the chocolate mousse into small serving glasses, leaving a 2cm gap at the top. Chill for 3-4 hours to set.

Whisk thickened cream and Baileys together until stiff peaks form, then spoon over the mousse. Scatter with grated chocolate and serve chilled.

- 300ml thickened cream
- 2 tablespoons Baileys Irish Cream liqueur





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NOVEMBER 2017



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		1	2	3	4	5
6	7 Melbourne Cup Luncheon Shire Chambers		9	10	11	12
13	14	15	16	17 Movies in the Park	18	19
20	21	22 Council Meeting	23	24	25 Xmas Craft	26 Xmas Craft
27	28	29	30			
		NOTES:				

Upcoming Events

	December		January
8th	Disco in the desert	8th	Shire Office Re-Opens for Business
15th	Council Meeting & Community Xmas	쑢	
22nd	Shire Office Shutdown		